Established in 1993, UNC Horizons is a substance use disorder treatment program for women of childbearing age, including pregnant and parenting women, and is a division of the Department of Obstetrics and Gynecology at the University of North Carolina in Chapel Hill. Horizons offers outpatient substance use disorder treatment at sites in Carrboro and Raleigh, NC, and long-term residential treatment in Chapel Hill for women and their children. Horizons also operates its own licensed childcare center, the UNC Horizons Child Development Center, which is co-located with the outpatient treatment site in Carrboro. Programming focuses on addiction education, relapse prevention, parenting, healthy relationships, health and safety, trauma recovery, and job readiness. Horizons offers group treatment, individual therapy, child clinical services, prenatal and postpartum care, pediatric care, psychiatry services, and case management. In its OB/GYN and psychiatry clinics Horizons offers Medication for Opioid Use Disorder (MOUD). Over the past few years Horizons has also expanded its programming to focus on providing services to women in incarcerated settings and helping to connect them to treatment and resources as they leave incarceration. Across all of its programs Horizons serves approximately 250 women each year and can house 32 women with their children at a time in the residential programs. Women who complete the residential programs typically stay in the program for nine months. Organization-wide Horizons currently employs 59 staff members.

Horizons is recognized at both the state and national levels as an exemplary treatment program for women. SAMHSA has highlighted Horizons as a model treatment program, and in 2022 the Pew Charitable Trust featured Horizons on its website as one of the nation’s best practice models. Horizons has a long track record of helping women to achieve long-term recovery and healthy lives, allowing them to achieve their goals and re-establish relationships with their children. For decades Horizons has also served as a site for NIH and other funded research and evaluation projects, and has a research team trained in research methodology and GCP. The connection that Horizons has with UNC also allows the organization to help train the next generation of providers for this extremely high-risk population of women and children. Learners from many fields, including social work, obstetrics, psychiatry, pediatrics, psychology, nursing, and human development, complete internships and rotations at Horizons.

Facilities

Horizons has residential programs in Chapel Hill that contain 30 treatment apartments for women and their children, as well as office and treatment spaces. The Horizons outpatient site in Raleigh, NC contains office and treatment spaces. The support for this proposed project will primarily occur from the outpatient treatment site in Carrboro, NC at 410 North Greensboro Street. Horizons began delivering services in this newly build space on May 1, 2017. The program occupies approximately 12,000 square feet at this site, which includes administrative and staff offices, the outpatient treatment program, medical clinic rooms and the licensed childcare center. Specific spaces include:

*First Floor:*

* Three group meeting/treatment rooms, which can be combined for large events or activities
* Kitchen for cooking classes and functions
* Restrooms
* Client lunchroom
* Food pantry, clothes closet, donations room
* 5 childcare classrooms
* Childcare center Director’s office
* Teacher office with multiple workstations
* Childcare kitchen
* Laundry room for childcare center

*Second Floor:*

* One large and one small conference room
* 23 staff offices/ individual therapy rooms
* Workspaces for trainees and interns
* Child therapy room with two-way mirrors
* Kitchen/ breakroom/ work room
* 3 medical clinic examination rooms
* Clean/dirty linen rooms to support medical clinic spaces
* Reception waiting room
* Restroom

Across its sites Horizons owns approximately 60 computers for staff use, and a fleet of minibuses, large passenger vans, and minivans to transport patients and their children.

*Updated: 6/29/22*