



UNC

DEPARTMENT OF OTOLARYNGOLOGY/  
HEAD AND NECK SURGERY  
FACIAL PLASTIC & RECONSTRUCTIVE SURGERY

## **Browlift**

### **GENERAL CONSIDERATIONS:**

- Cosmetic Surgery is surgery you *do not need* – (totally/purely elective surgery)
- Long or repeated consultations
- Realistic Expectations are the Key to Success
- Safety
- Natural results

### **PROBLEM:**

- Upper brow sags down over eyes

### **GOALS:**

- Reshape the brow (skin and/or muscle) to improve the aesthetic proportions of the upper one third of the face
- Anticipate the inevitable redraping of the skin and subcutaneous tissues
- Avoid functional compromise (i.e. sensory and motor nerve compromise)

### **LIMITATIONS:**

- Cannot recreate young skin
- Cannot alter developmental asymmetries
- Cannot prevent continued aging
- Cannot solve personal problems
- GOALS MAY ONLY BE PARTIALLY MET

### **HOW LONG WILL IT LAST?:**

- Aging will continue
- Surgical changes will be permanent

### **SURGICAL TECHNIQUE / ANESTHESIA/ FACILITY:**

- Usually performed under local anesthesia with oral or IV sedation, although in some cases , general anesthesia is used
- Outpatient surgery (you go home the same day)
- Incisions
- Dressings/Drain/Support Garments
- Return to Normal Activities (usually 7-10 days for full activity)

### **POST-PROCEDURE INSTRUCTIONS:**

- Specific written wound care instructions will be given by the nurse before you leave on the day of your procedure