**Presenter: Vicki Mercer (PT)**

**NEW Fall 2017- FALLS RISK ASSESSMENT AND INTERVENTION FOR OLDER ADULTS: AN INTERPROFESSIONAL APPROACH**

**Program Description:** This workshop is designed to train healthcare professionals in providing primary falls prevention services for older adults in a variety of settings. Participants will receive instruction in comprehensive falls risk assessment and interventions to reduce falls risk. Instruction related to intervention will focus on the Otago program, an exercise program recognized by the Centers for Disease Control as effective in preventing falls.

**Target Audience:** Healthcare professionals, including nurses, physical therapists, physical therapist assistants, physician’s assistants, and medical assistants, who are interested in providing screening and/or intervention to reduce falls in older adults.

**Learning Objectives**

At the completion of this workshop, each participant will be able to:

1. Summarize the problem of falls among older adults.
2. Distinguish among primary, secondary, and tertiary prevention as related to falls among older adults.
3. Describe key risk factors for falls, including both non-modifiable and modifiable risk factors.
4. Administer the Timed Up and Go, 30 Second Chair Stand, and Four Stage Balance tests as part of a simple screening for falls risk as recommended in the CDC’s STEADI (Stopping Elderly Accidents, Injuries, and Falls) Tool Kit.
5. As appropriate for his/her professional discipline and training, administer components of a detailed, comprehensive falls risk assessment, including assessment of cognition, mood, balance self-efficacy, physical activity, medications, and orthostatic blood pressures.
6. As appropriate for his/her professional discipline and training, make recommendations to older adults about how to reduce their risk of falls.
7. Describe procedures for implementation of a community-based, interprofessional falls prevention program such as the Community Health and Mobility Partnership (CHAMP) program.

Topic 2 - Recovery of Postural Control Following Mild to Moderate Stroke" and

Topic 3 - "Parkinson Disease: New Perspectives from Clinical Research".