

## Recommended adult (age>19) immunization schedule (IBD)

Inactivated vaccines		Indication	Titers needed?	Schedule	Vaccination needed?
<b>Tdap</b>		If last shot >10y or unknown			
<b>HPV</b>		Every female aged 19-26		3 doses (0,2 and 6m)	
<b>Influenza (except FluMist = live vaccine)</b>		Annually			
<b>Pneumococcal</b>		Vaccinate (1 dose) + repeat after 5y if immunosuppressed			
<b>Hepatitis A/B</b>			Yes (at least for Hep B)	Per preparation	
<b>(Meningococcal) if at risk</b>		If at risk per CDC guidelines			

Inactivated vaccines considered safe in immunocompetent as well as immunosuppressed (IS) pts.!

Live vaccines		Indication	Titers needed?	Schedule	Vaccination needed?
<b>MMR</b>		Contraindicated if plan of IS therapy <6 weeks	(Yes)	1 dose (19-49y) repeat >50	
<b>Varicella</b>		Everybody	(Yes)	2 doses	
<b>Zoster</b>		Age>60	No	1 dose	

Zoster vaccine may be administered in pts. with:

- Short-term corticosteroid therapy (<14 days); low to moderate dose (<20 mg/ day of prednisone or equivalent)
- Persons on therapy with low doses of methotrexate (<0.4 mg/Kg/week), azathioprine (<3.0 mg/Kg/day), or 6-mercaptopurine (<1.5 mg/Kg/day) for treatment of rheumatoid arthritis, psoriasis, polymyositis, sarcoidosis, inflammatory bowel disease, and other conditions.