**Unfortunately, our clinic does not have the capacity to see all referrals for mild to moderate asthma. Therefore, we are currently only available to evaluate patients with moderate to severe asthma (defined as persistent daily symptoms, > 2 outpatient exacerbations requiring oral steroids or ≥ 1 exacerbation requiring hospitalization in the last year despite below measures being taken)**.

Prior to referring your patient, we would recommend that the following steps in evaluation and treatment are completed:

\_\_\_ Initiation of maintenance high-dose inhaled corticosteroid (ICS)/long-acting beta agonist (LABA) inhaler (with a spacer if appropriate) +/- leukotriene receptor antagonist (montelukast or zafirlukast)

\_\_\_ Initiation of as-needed ICS/LABA OR short-acting beta agonist (SABA) for relief of acute symptoms

\_\_\_ Appropriate inhaler teaching

Suggested site for inhaler training videos: <https://www.nationaljewish.org/conditions/medications/inhaled-medication-asthma-inhaler-copd-inhaler/instructional-videos>

\_\_\_ Chest radiograph to rule out infection or structural lung disease

If your patient still has symptoms consistent with moderate-severe asthma despite 6 weeks of appropriate therapy as above, you can place a referral. All referrals for asthma are reviewed by our clinic medical directors. Any referrals that do not meet these criteria will be returned with this guidance.

*Last updated 11/14/23*