# Welcome to the Gender Equity and Wellness Initiative (GEWI) Program!

### UNC Department of Psychiatry

Affirmed Name (the name you would like us to call you):

Pronouns:

Gender Identity (e.g., female, male, non-binary, trans, genderqueer, something else):

Sex Assigned at Birth (e.g., female, male, intersex):

Date of Birth:

Today's Date:

Referring Provider or Self Referred:

Medical Record Name:

Medical Record (if known):

#### Reason for Referral (check all that apply):

\_\_\_\_ Young Child (ages 3-11) Psychoeducation and Support for Child and Family

\_\_\_ Guidance on Social Transitioning and Access to Resources

\_\_\_\_ Support and Resources for Exploring Gender Identity and Expression

- \_\_\_ Evaluation of Gender Dysphoria and Recommendations for Resources and Supportive Services
- \_\_\_ Consultation only with a Psychiatrist for Medication Management (must have/be looking for a local psychiatrist)
- \_\_\_ Autism Spectrum/Learning Disability Psychoeducational Consultation
- \_\_\_\_ Psychotherapy Recommendations for Anxiety, Depression, Trauma, Social Stressors
- \_\_\_\_ Family or Partner Support only
- \_\_\_ For Adults (ages 18+): Letters of Support for Surgery

GEWI is a small group of psychologists and psychiatrists who practice gender affirming care consistent with the WPATH SOC 8 guidelines. We are a consultation model clinic, which means that we will meet for 1-3 sessions with consultative follow ups. We can help with referrals for local mental health providers or other specialists (e.g., family medicine, OB/GYN) who are experienced in working with gender diverse youth and their families.

We work flexibly with children, adolescents, and young adults from ages 3-35, as well as with their loved ones (e.g., parents, caring adults, partners). We consult with youth and families at a variety of life stage changes, so return patients are always welcome.

# Welcome to the Gender Equity and Wellness Initiative (GEWI) Program (cont)

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Consistent with the mission of UNC School of Medicine, we are a training clinic that takes a team-based approach to care. On occasion, trainees (e.g., psychiatry residents or fellows, psychology interns) are involved in your appointments with your consent.

After completion and reception of this referral form our office will reach out to schedule a first appointment at either 9 am or 1pm on a Friday, we are only in the GEWI clinic on Fridays.

Please sign a release of information with providers that you would like to be a part of this consultation before the visit is possible.

We offer virtual visits through mychart or in person visits please share your preference here: Virtual In person

We will try to accommodate your preference.

Our clinic is located at 77 Dawson, Vilcom Center Chapel Hil off Exit 266 Hwy 40, near the Timberlyne Theatre complex.

We look forward to meeting you!

Any Additional Information you would like to share: